



What Medical Records Should You Keep To Improve Your Care Beyond Cancer?

paperwork

The amount of medical paperwork you receive during your cancer treatment may be overwhelming. However, since cancer and its treatment can result in significant short- and long-term changes to your health, it is important to keep records of your cancer diagnosis and treatment to help your current and any future doctors manage your follow-up care.

As a cancer survivor there is medical information you should keep in a safe place, forever, including:

- Pathology Reports
- Relevant Laboratory and Radiology Reports
- Chemotherapy Administration Reports
- Radiation Therapy Log or Reports
- Surgical Reports

Some doctors may give you a summary of the reports listed above so you can save the summaries instead of the entire reports.

To help keep complicated medical information organized, tools are available to provide you and your oncologist with a convenient way to store information about your cancer, cancer treatment and follow-up care.

tools

Cancer Treatment Plans and Summaries include information about your cancer diagnosis and treatment. **Cancer Survivorship Care Plans** have information about the care you need after you finish cancer treatment. These documents make it easier for you to share information about your medical history with doctors who will care for you during your lifetime.

resources

As a cancer survivor, you can learn about and download Cancer Treatment Plans/Summaries and Cancer Survivorship Care Plans by visiting the New Mexico Cancer Council website:

www.cancernm.org/cancercouncil/workgroup-survivorship.htm

This fact sheet was developed by the Survivorship Workgroup of the New Mexico Cancer Council.

